



Calvary Baptist Church
Open to all. Closed to none.

Resources for Wellness of SOUL



SOUL BELIEFS

- Book:** *Mirrors of the Soul* by Kahlil Gibran
- Book:** *Maybe God Is Like That Too* by Jennifer Grant
- Book:** *What Is God Like?* By Rachel Held Evans & Matthew Paul Turner
- Book:** *When God Made The World* by Matthew Paul Turner
- Book:** *When I Pray For You* by Matthew Paul Turner
- Book:** *When God Made You* by Matthew Paul Turner
- Book:** *Being Human: Race, Culture, and Religion* by Dwight N. Hopkins
- Book:** *Spiritual Classics*, edited by James M. Russell
- Podcast:** *Another Name for Every Thing* with Richard Rohr
- Daily Email:** *Richard Rohr's Daily Meditations* from the Center for Action and Contemplation (sign up here: <https://cac.org/daily-meditations/>)

SOUL GROWING

- Book:** *The Seven Story Mountain* by Thomas Merton
- Book:** *Bless This Mess* by Rev. Molly Baskette and Ellen O'Donnell, Ph.D.
- Book:** *Stages of Faith* by James Fowler
- Book:** *The Hopeful Heart* by John Claypool
- Book:** *Glad Reunion* by John Claypool
- Book:** *The Sacred Journey* by Frederick Buechner

Book: *All Along You Were Blooming: Thoughts for Boundless Living (A Collection of Poetry)* by Morgan Harper Nichols

Book: *How Far You Have Come: Musings on Beauty and Courage* by Morgan Harper Nichols

Book: *You Are Only Just Beginning: Lessons for the Journey Ahead* by Morgan Harper Nichols

SOUL EXPERIENCES

Book: *Spiritual Literacy: Reading the Sacred in Everyday Life* by Frederic Brussat

Podcast: *Everything Happens* with Kate Bowler

Book: *To Bless the Space Between Us: A Book of Blessings* by John O'Donohue

SOUL STRUGGLE

Book: *A Hidden Wholeness* by Parker J. Palmer

Book: *Soul without Shame: A Guide to Liberating Yourself from the Judge Within* by Byron Brown

Book: *Searching for Sunday* by Rachel Held Evans

Book: *Tracks of a Fellow Struggler* by John Claypool

Book: *Faith After Doubt* by Brian McLaren

Book: *Mending the Heart* by John Claypool

Book: *Praying Our Goodbyes* by Joyce Rupp

Book: *The Cure for Sorrow* by Jan Richardson

Book: *Let Your Life Speak: Listening for the Voice of Vocation* by Parker J. Palmer

SOUL STRENGTHENING PRACTICES

Book: *Spiritual Disciplines* by Adele Ahlberg Calhoun

- Book:** *Life of the Beloved* by Henri Nouwen
- Book:** *Devotional Classics* by Foster & Smith
- App:** *Insight Timer* – lots of free meditations
- Instagram:** Follow @blackliturgies
- Book:** *Psalms for Praying: An Invitation to Wholeness* by Nan C. Merrill

SOUL REST

- Book:** *Rest is Resistance: A Manifesto* by Tricia Hersey
- Book:** *The Sabbath* by Abraham Joshua Heschel
- Instagram:** Follow @thenapministry
- Poetry:** *This Day: Collected and New Sabbath Poems* by Wendell Berry

SOUL FLOURISHING

- Prayers:** *A Rhythm of Prayer: A Collection of Meditations for Renewal* by Sarah Bessey (ed.)
- Podcast:** *The Enneagram Journey with Suzanne Stabile*
(<https://www.theenneagramjourney.org/podcast>)
- Podcast:** *The Morgan Harper Nichols Show*
(<https://podcasts.apple.com/us/podcast/the-morgan-harper-nichols-show/id1549059898>)
- Blog:** *Morgan Harper Nichols Blog*
(<https://morganharpernichols.com/blog>)